

MARCH 2010 LUNCH MENU

All meals include milk. Each meal offers a meat or meat equivalent plus two servings of fruit/vegetables. (Juice is a fruit equivalent.)

PONTIAC ACADEMY FOR EXCELLENCE K THROUGH 8				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Patty Sandwich Baby Carrots & Ranch Dip Chilled Pineapple Mayonnaise Milk	Italian Meatballs & Spaghetti Green Beans Fresh Orange Corn Muffin Milk	Chef Salad (Lettuce, Deli Sliced Meat & Cheese) Chilled Pears Crackers Ranch Dressing Milk	Chicken Nuggets Buttered Corn Fresh Apple Barbeque Sauce Milk	Pizza Chilled Peaches Grape Juice Milk Treat
8	9	10	11	12
French Toast & Syrup Sausage Links Fresh Banana Orange Juice Milk	Cheeseburger & Bun Oven Fries Chilled Fruit Ketchup & Mustard Milk	NEW ITEM! Deli Sub Sandwich with Lettuce & Tomato, Mayonnaise Potato Chips Fresh Orange Milk	Corn Dog Oven Fries Chilled Peaches Ketchup & Mustard Milk	Supreme Nachos with Meat, Cheese & Chips, Salsa Baby Carrots & Ranch Dip Applesauce Milk
15	16	17	18	19
Chicken Nuggets Green Peas Chilled Peaches Barbeque Sauce Milk	Barbeque Ribette Au Gratin Potatoes (NEW!) Fresh Banana Corn Muffin Milk	Chili with Shredded Cheese, Ground Beef & Crackers Baby Carrots & Dip Chilled Pineapple Milk HAPPY ST. PATRICK'S DAY!	No School Today	No School Today
22	23	24	25	26
Baked Chicken Green Beans Chilled Fruit Corn Muffin Milk	NEW ITEM! Grilled Chicken Pasta Salad Chilled Pears Dinner Roll Milk	NEW ITEM! Beef Pot Roast & Gravy with Potatoes & Vegetables Cherry Applesauce Corn Muffin Milk	Hot Dog & Bun Potato Tots Chilled Pears Ketchup & Mustard Milk	Supreme Nachos with Meat, Cheese & Chips, Salsa Baby Carrots & Ranch Dip Banana Milk
29	30	31		
Pancakes & Syrup Sausage Links Chilled Pineapple Apple Juice Milk	Baked Mostaccioli & Meat Sauce Garden Salad & Ranch Dressing Fresh Orange Milk	Meatloaf Mashed Potatoes & Gravy Buttered Corn Corn Muffin Milk		

No person, because of race, national origin, sex, age or disability shall be excluded from participation in, be denied the benefits or be subjected to discrimination in our USDA donated food and child nutrition programs. Any person who believes he/she has been discriminated against should file a complaint with the USDA, attention Director of Civil Rights at the Whitten Building, Room #326, 1400 Independence Ave SW, Washington DC 20250-9410 or call 202-720-5364.

NOTE: MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY OR CANCELLATION OF SCHOOL DUE TO WEATHER OR OTHER CIRCUMSTANCE.